

American University Fitness Trail

Points of Interest



- Starting Point - Bender Arena
- Katzen Arts Center
- Ward Circle
- Gateway to East Campus
- Gray Hall
- Kay Spiritual Life Center
- Bender Library
- Letts Hall
- JFK Call for World Peace
- Amphitheater

Directions from Starting Point - Bender Arena to Starting Point - Bender Arena



- Starting Point - Bender Arena
- B Glover Gate
- C Ward Circle
- D Gray Hall
- E Kay Spiritual Life Center
- F Bender Library
- G Letts Hall
- H JFK Call for World Peace
- I Amphitheater
- J

Starting Point - Bender Arena

A two mile Fitness Trail around the American University campus.

